# THE TENNIS BROS.COM SUPERCHARGE YOUR EQUIPMENT



A question we often get asked is simply "which is the best tennis racket and string combination that I can buy?".

This is a difficult question to answer, because there's such a wide range of rackets and strings on the market, let alone the fact that every player's wants and needs are individual to them!

Whilst there is of course no single 'best tennis racket or string' out there, there are certainly some rackets and strings that perform different roles better than others.

The goal of this short guide will be to help you make the most informed decision about which is right for your game and physical condition.

Let's first take a look at your EXCALIBUR. Your Racket!



Firstly, be honest with yourself and **identify your current level**. Far too often we see players swinging rackets that just aren't suitable for their level of tennis and they therefore risk injury, as well as sub-optimal performance.

Broadly speaking, advanced or professional level tennis rackets tend to be much heavier and less forgiving than beginner player rackets in order to provide top level tennis players with control, as opposed to additional power. Contrastingly, a player with less developed strokes who is earlier on in their development should look at a racket with a larger head and sweetspot, to provide forgiveness as well as a bonus power boost.

As your game progresses, so should your racket and strings. Many players opt for our <u>Custom Fitting Service</u> to make sure their equipment is always aligned properly with their game.

In this next section, we will guide you through selecting a suitable racket, based on whether you are a beginner, intermediate or advanced player.

### The Best Rackets for Beginner Players

As a beginner player, you will be just starting out on your tennis journey.

Everyone has to start somewhere, so whatever your age and previous experience, we can find a racket that will suit you!

Most beginner players will have had little to no previous tennis experience, so will be looking for a forgiving racket that will offer them accessible power as they focus on developing their technique.

Therefore, a racket with a larger head size that will offer access to easy power, whilst remaining stable and have a consistent, reliable feel is the ideal fit for a beginner player.

Now, whilst this rule of thumb is certainly a good general approach for beginners, certain rackets are better designed for power, spin, control of comfort than others.

It is important to understand what you are looking for in your racket in general, but this should start you off nicely!

Here are some of our favorites, but check out our article on <u>the best</u> <u>beginner tennis rackets</u> for even more info!

### Best Beginner Racket for Power - WILSON CLASH 100UL



The <u>Wilson Clash 100UL</u> is a slightly more up-market choice for a beginner player, but it is perfect if you are looking for controllable power from a comfortable yet stable racket.

Being able to swing with confidence is a huge part of staying relaxed on the tennis court, and this racket will certainly help you achieve that thanks to its revolutionary FreeFlex and StableSmart technologies.

The Clash family of rackets from Wilson are designed to deliver stability, power, and control, with the 100UL focussing on accessible power from a lightweight, easy-to-use frame.

You can read the full review of this racket, plus any other racket on our website! >>Click Here To Read Our Full Review<<

# Best Beginner Racket for Spin – BABOLAT BOOST AERO S



This entry-level Babolat is designed for beginner to intermediate players that are looking to generate a lot of spin.

This budget-friendly racket is ideal for beginners that want a lot of heavy spin on their groundstrokes, but still need a large sweet spot and plenty of margin for error.

The Babolat Boost Aero S is a great pick if you are after a whippy racket that can help you carve up the ball however you desire!

# The Best Rackets for Intermediate Players

The intermediate player is after a bit more performance from their racket, whilst retaining that easy-to-use, comfortable playability that beginner rackets offer in spades.

Ideally, it allows you to build on the techniques you have already developed and fine-tune them further is what you should look for.

Now, this is not always easy to find, as you may find yourself in a halfway house between player-friendly, easy-to-use rackets that don't offer the feel you seek, but you may also find playing with incredibly stiff, heavy rackets aimed at performance players too challenging.

Intermediate rackets are perfect for good-level club players and weekend warriors that are looking to get the most out of their game, but don't want to feel like they are trying to thread a needle every time they try to hit the ball! For an even more detailed look at the <u>best rackets for intermediate</u> <u>players</u> take a look at our dedicated article.

# Best Intermediate Racket for Power -BABOLAT PURE DRIVE



The Babolat Pure Drive has always been a mainstay for intermediate players that are looking to maximize the power from their game.

It is aimed at clean ball strikers that want to focus on producing smooth, effortless strokes rather than muscling the ball into court.

The Pure Drive fits the bill and offers fantastic power that is tapered and controllable.

You can also generate a good amount of spin from the Pure Drive, something that the Pure Aero rackets are more famed for.

So, if you are looking for a bit of extra boost in your game, the Babolat Pure Drive is a great choice to try!

>>Click Here To Read Our Full Review<<</p>

### The Best Rackets for Advanced Players

When it comes to rackets aimed at advanced players, we are looking at options for the most experienced and athletic players out there.

These rackets are optimized for performance in their respective areas, so no expense is spared here!

These finely tuned rackets are ideal for those players that need a reliable, high-performing weapon they can take on to court and trust in the biggest moments.

We've picked out some of our favorites, but for a more detailed look, check out our article on the <u>best rackets for advanced players</u>.

# Best Advanced Racket for Control -WILSON PRO STAFF RF97



The weapon of choice of the great Roger Federer himself, the Pro Staff 97 is a fantastic choice for the player looking to command as much control over the ball as possible.

This weighty, feelsome racket offers a great blend of spin, precision, and plow through so you can still attack the ball from the baseline, whilst the high weight makes it very stable up at net.

This makes it perfect for the all-court player that is looking to dictate play and win points on their terms!

#### >>Click Here To Read Our Full Review<<</p>



Finding the perfect racket and string setup isn't easy! Take some of the stress out of the process with a custom fitting.

Get Your Custom Fitting!

#### So what about strings? Let's dive in!

As we also mentioned with tennis rackets, it's all about finding the right setup for your personal game style, physical attributes, ability level and even choice of tennis racket!

### **Understanding String Types**

Most amateur tennis players are shocked to discover that the world of tennis strings is something of an ocean of possibilities.

A quick browse online will reveal to you a monstrous range of materials, colors and even shapes!

It's easy to get lost amongst all the jargon and endless products, so let me lay out the exact string categories for you and explain the performance benefits of each.

#### **Polyester Strings**

These are the most popular tennis strings amongst professional tour level players and good amateur players, alike.

They are a strong, durable monofilament string that supply a low power effect married with heavy topspin. That is assuming, they are paired with solid technique!

Polyester string, or "poly" strings (as they are also known) are only suitable for players who already have developed technique and can generate a lot of power through pure technique. Beginning players who may struggle to produce power without an elastic type of string should avoid hard polyesters, as using them could create a "jarring" sensation in the body and ultimately lead to injury.

However, if you're a solid player with well developed strokes and a lot of natural power, then a polyester string could work wonders for your game.

#### **Our Favorite Polyester Strings**

**RPM Blast** → <u>Read Our Review Here!</u>

#### Luxilon Alu Power → <u>Read Our Review Here!</u>

#### **Natural Gut Strings**

If there was an opposite to the above strings, this would be it!

Natural gut is the most powerful, most elastic string on the planet and is loved by professional and amateur players alike.

It's created from cow intestine that is twisted into a string format in a factory, coated and then sold in a packet.

Its touch on the tennis court is heavenly and it feels like velvet on the arm. The power is phenomenal too! Some of the biggest servers in history like Sam Groth and Andy Roddick, used gut in their rackets.

Players who suffer from tennis elbow, wrist and joint pains should serious consider using natural gut as part of their setup.

#### **Our Favorite Natural Gut String**

#### Babolat VS Team → <u>Read Our Review Here!</u>

#### Synthetic Gut/ Multifilament Strings

These are an artificial copy of the above strings, as indicated in the name, have "multi-filament" properties.

Synthetic gut strings aren't quite as powerful as natural gut, but still provide plenty of pop! They also provide similar qualities to gut in terms of touch and feel, but again, just aren't quite as good.

They're popular amongst club, right up to national level players due to their cost effectiveness, although some of the more premium brands like <u>Wilson NXT</u> aren't a million miles away from the price of natural gut.

They are, however, a little more durable and will last a little longer, especially during adverse weather conditions.

If you're looking for a string with similar performance characteristics to natural gut, but you're working with a budget for your tennis, then this could be the best string for your game, whether as part of a hybrid setup or in a full bed.

### **Are You Injury Prone?**

I've touched on this previously in the article, but I will say it again as it's important.

If you have any severe or recurring injury issues in your wrists or joints, do not go near a polyester string.

Polyester strings are hard strings, originally designed for professional players, but now also enjoyed and benefiting strong amateur players with quality strokes and in physically great shape.

If this is you – then, by all means, start playtesting those polys!

If it isn't, I think you'll want to take a look at a quality multifilament string, or if price is no problem, a natural gut string.

### **Optimizing for Max Performance**

We hope this ebook has been useful to you in helping you make an informed decision in selecting your best tennis strings!

I know we've enjoyed sharing our knowledge with you.

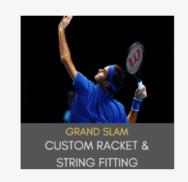
If you'd like to take things to the next level, we recommend that you check out our best selling,

#### >>>Online Custom Fitting Service<<<

This is where we personally work with you to find the best possible racket and string combination to get you playing the best tennis of your life!

All you need to do is send us back a detailed questionnaire of your game and even some footage of you playing, if you wish, and we'll take care of the rest!

We've helped many players across the world to unlock tennis they didn't even know that they possessed and we absolutely love doing it!



Find Your Perfect Racket and String Combo With a Custom Fitting!

**Discover Your Excalibur!**